

Train-the-Trainer Program

Training Process Overview:

The facilitator training would require that participants first participate in the whole course as a student, then facilitate sections of the training for the other participants and the master facilitator. As participants are facilitating their sections, they are being evaluated on their understanding of content, time management, and participant management.

If the participant is rated unsatisfactorily, they will be invited to participate in the next training session with a mentor's support to assist in development of facilitation skills. If the participant is still rated unsatisfactorily, the participant should be asked to engage in the training courses as a student and reapply to become a trainer after the successful completion of course work.

If the participant is rated satisfactorily, they will be invited to facilitate a future training, paired with a mentor to assist in facilitation of the entire course. If the mentor certifies that the trainer is competent as a facilitator, they will be invited to facilitate training courses independently or to partner with other facilitators to conduct training sessions for public classes. If the mentor recommends continued support, the facilitator would continue to be paired with a master facilitator for future facilitation of courses until the mentor recommends independent facilitation.

Course 1: Foundations of Trauma-informed Practices, A Healing Journey.

Course 1 covers 450 minutes of content.

Section 1: 90 minutes

Section 2: 125 minutes

Section 3: 75 minutes

Section 4: 45 minutes

Section 5: 115 minutes

Evening Training Options

Day 1:

- Participation in course work, as participant-students for Sections 1 and 2
- Clarification of questions related to content and presentation

Day 2:

- Participation in course work, as participant-students for Sections 3, 4, and 5
- Clarification of questions related to content and presentation
- Assign teaching sections for participants

Day 3:

- Participants facilitate the training sections for 1 and 2, as assigned (45-60 minutes of content, depending on the number of participants)
- Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary

Day 4:

- Participants facilitate the training sections for 3, 4, and 5, as assigned (45-60 minutes of content, depending on the number of participants)
- Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary

Day 5:

- Provide an additional 2 hours of clarification time for participants who have additional questions or need to reteach sections

2-day Training Options

Day 1:

- Morning: 8:00-12:00
 - Participation in course work, as participant-students for Sections 1 and 2
 - Clarification of questions related to content and presentation
- Lunch: 12:00-1:00
- Afternoon: 1:00-5:00
 - Participation in course work, as participant-students for Sections 3, 4, and 5
 - Clarification of questions related to content and presentation
 - Assign teaching sections for participants
- Optional 5:00-6:00
 - Provide an additional hour of clarification time for participants who have additional questions

Day 2:

- Morning: 8:00-12:00
 - Participants facilitate the training sections for 1 and 2, as assigned (45-60 minutes of content, depending on the number of participants)
 - Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary
- Lunch: 12:00-1:00
- Afternoon: 1:00-5:00
 - Participants facilitate the training sections for 3, 4, and 5, as assigned (45-60 minutes of content, depending on the number of participants)
 - Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary
- Optional 5:00-6:00
 - Provide an additional hour of clarification time for participants who have additional questions or to those who need to reteach their assigned section

Course 2: Foundations of Trauma-responsiveness, Healing Together.

Course 2 covers 724 minutes of content.

Section 1: 180 minutes

Section 2: 60 minutes

Section 3: 90 minutes

Section 4: 140 minutes

Section 5: 100 minutes

Section 6: 154 minutes

Evening Training Options

Day 1:

- Participation in course work, as participant-students for Sections 1 and 2
- Clarification of questions related to content and presentation

Day 2:

- Participation in course work, as participant-students for Sections 3 and 4
- Clarification of questions related to content and presentation

Day 3:

- Participation in course work, as participant-students for Sections 5 and 6
- Clarification of questions related to content and presentation
- Assign teaching sections for participants

Day 4:

- Participants facilitate the training sections for 1 and 2, as assigned (45-60 minutes of content, depending on the number of participants)
- Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary

Day 5:

- Participants facilitate the training sections for 3 and 4, as assigned (45-60 minutes of content, depending on the number of participants)
- Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary

Day 6:

- Participants facilitate the training sections for 5 and 6, as assigned (45-60 minutes of content, depending on the number of participants)
- Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary

2-day Training Options

Day 1:

- Morning: 7:00-12:30
 - Participation in course work, as participant-students for Sections 1-3
 - Clarification of questions related to content and presentation
- Lunch: 12:30-1:30
- Afternoon: 1:30-7:00
 - Participation in course work, as participant-students for Sections 4-6

- Clarification of questions related to content and presentation
- Assign teaching sections for participants

Day 2:

- Morning: 7:00-12:30
 - Participants facilitate the training sections for 1-3, as assigned (45-60 minutes of content, depending on the number of participants)
 - Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary
- Lunch: 12:30-1:30
- Afternoon: 1:30-7:00
 - Participants facilitate the training sections for 4-6, as assigned (45-60 minutes of content, depending on the number of participants)
 - Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary

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Course 3: Trauma-informed Clinical Practices, Facilitating Healing.

Course 3 covers 528 minutes of content.

Section 1: 265 minutes

Section 2: 95 minutes

Section 3: 132 minutes

Section 4: 36 minutes

Evening Training Options

Day 1:

- Participation in course work, as participant-students for Section 1
- Clarification of questions related to content and presentation

Day 2:

- Participation in course work, as participant-students for Sections 2 and 3
- Clarification of questions related to content and presentation

Day 3:

- Participation in course work, as participant-students for Section 4
- Clarification of questions related to content and presentation
- Assign teaching sections for participants

Day 4: (4:00-8:30, as this section is longer)

- Participants facilitate the training section for section 1, as assigned (45-60 minutes of content, depending on the number of participants)
- Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary

Day 5:

- Participants facilitate the training sections for 2 and 3, as assigned (45-60 minutes of content, depending on the number of participants)
- Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary

Day 6: (4:00-6:00, as this section is shorter)

- Participants facilitate the training section for section 4, as assigned (45-60 minutes of content, depending on the number of participants)
- Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary

2-day Training Options

Day 1:

- Morning: 7:00-12:00
 - Participation in course work, as participant-students for Section 1
 - Clarification of questions related to content and presentation
- Lunch: 12:00-1:00
- Afternoon: 1:00-6:00
 - Participation in course work, as participant-students for Sections 2-4
 - Clarification of questions related to content and presentation
 - Assign teaching sections for participants

Day 2:

- Morning: 7:00-12:00
 - Participants facilitate the training section for 1, as assigned (45-60 minutes of content, depending on the number of participants)
 - Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary
- Lunch: 12:00-1:00
- Afternoon: 1:00-6:00
 - Participants facilitate the training sections for 2-4, as assigned (45-60 minutes of content, depending on the number of participants)
 - Feedback provided between sections for each participant
 - Assign additional section to re-teach, if necessary



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